



## *Mahanoy Area School District*

*1 Golden Bear Drive  
Mahanoy City, PA 17948  
(570) 773-3443*

December 9, 2010

Dear Parent/Guardian:

The Mahanoy Area School District is committed to providing a school environment that promotes and protects our children's health, well-being, and ability to learn by supporting healthy eating and physical activity. Therefore, it is the policy of the Mahanoy Area School District that snacks served during the school day for events such as birthday parties, holiday celebrations, and/or rewards must be store-bought with the label of ingredients attached to the snack. (Parents may certainly pack lunches for their own individual children). If you choose to send in a snack for any event, we highly recommend choosing from the healthy snack list below:

- 100 Calorie Packs
  - Cheese Nips
  - Chips Ahoy
  - Oreo
  - Wheat Thins
- Animal Crackers
- Apple Wedges, Pre-Bagged
- Cereal Bars
- Fresh Fruit
- Fresh Vegetables
- Fruit Roll-Ups
- Graham Crackers
- Granola Bars (without nuts)
- Baked Potato Chips
- Pretzel Twists, Individual Bags
- Pre-Packaged Rice Krispie Treats
- 100% Fruit Juice
- String Cheese

Thank you for your cooperation in keeping our students healthy!

Sincerely,

Joie L. Green  
Acting Superintendent